Monthly Newsletter February 2023

### TAEKWONDO-AMERIS.COM

Proudly Serving the Community Since 1977

Discipline and Respect are the cornerstone of Taekwondo

# Events in February

### Friday, February 24th | Testing @ 6:00pm

Please be sure to read the testing notice, and ask any questions you may have. Students must stay for the entire test. Full uniform is required, and it must be neat and clean, with all proper patches. All students Yellow Belt and above must bring sparring equipment.

## Coming Events

### Friday, March 24th | Kids Spring Fling from 6:00 - 9:30pm

This is for children ages 4 to 11 years, and will include games, Taekwondo, crafts, fun, food, and a movie. First child costs \$35, additional children are \$30 each.



### Happy Valentine's Day!

### Other News

### **New Billing Company**

After 25 years of working with Black Belt Billing, we were just informed they are retiring. We will have a new billing company to handle monthly tuition payments very soon. Black Belt Billing will process Fevruary payments, but watch our website, social medial and printed material regarding updates for March. All current students will likely need to create a new account with the new billing service. Details will be provided as we get them.

### Training Tips and Updates

All students must have their own sparring equipment and gear. No sharing of equipment. Please bring your equipment to every class. You will need it for sparring, and also bag and pad training.

The new vending machine in the office takes credit cards, as well as cash, and has several healthy products to choose from.

If you have a key to the dojang, please do your part in keeping it clean, after you use the facility. In addition, you must be a member to use the facility. No one is permitted to train if they are not a current student.

We want to thank everyone for your patience during our remodeling of the men's restroom. It is almost complete. We are just waiting for the new stalls, but it looks great. Thanks to Finley and Amelia's dad, Mr. Siemon, for his wonderful work on the flooring.

SPECIAL NOTE TO ALL PARENTS: PLEASE COME INTO THE SCHOOL TO PICK UP YOUR CHILDREN, AND DO NOT WAIT FOR THEM IN YOUR CAR. IT IS DANGEROUS FOR THEM TO BE IN THE PARKING LOT OR CROSSING THE STREET.

# Message from Grandmaster Ameris

#### RESPECT

Respect must be earned. Respect is a two-way street. Respect is paramount in everything we do, especially Taekwondo. Respect is simple - you treat people the way you would want to be treated. In the past month, I have been traveling a lot with my job, and several of the Black Belts have been teaching and doing a great job. However, I have been informed that the respect due our Black Belts, while they are teaching, has been lacking. No one, no matter your rank, should ever talk when an instructor is teaching in class. Stop, let the instructor teach, and never correct or discipline them in class. It is very rude to talk, or not pay attention to an instructor who is teaching class. In addition, although we can and want to have fun while training, always respect your instructor and fellow students. Why do we bow? Respect. Why do we say "Yes, Sir or Yes Ma'am?" Respect. What is the essence of Taekwondo? Respect and Discipline.

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