

TKDAMERIS.COM

Proudly Serving the Community Since 1977

Discipline and Respect are the cornerstone of Taekwondo

IMPORTANT REMINDER!

IF YOU HAVE NOT DONE SO ALREADY, ALL STUDENTS MUST COMPLETE OUR NEW BILLING INFORMATION AND PAYMENT PROGRAM ASAP

Important Dates:

*****NEW DATE - Next Testing Date -**

Monday, May 22nd @ 6:00

(No regular classes that day)

Black Belt Testing - Friday, October 20th

Coming Soon - Patterns in the Park



Upcoming Summer Events:

June 26-30— AIAAA Around the World, TKD Camp

We will be looking at the countries that AIAAA is present in. We will briefly learn about the country, we will be doing crafts related to that country, play games, have snacks, and of course do TKD. Each child will get a passport for the week and we will stamp every country we visit. It will be fun learning about our fellow TKD families. We hope to maybe get some pen pals out of this.

July 30-August 4— “Paws”itively TKD, TKD Camp

We will be learning about different animals with paws. We would like to collect for our local animal shelter. We will do games, crafts, have snacks, and do some Yoga and TKD. We will incorporate caring for pets and learn about the responsibilities that it entails.

Hours for both camps will be from 9am-12pm Cost will be \$100/ week, second child \$85 Children must be pre registered at least 10 days before it starts. There will be 24 spots for each camp.

Any questions please contact Miss Pam at the Dojang or 724-882-9110

Reminders

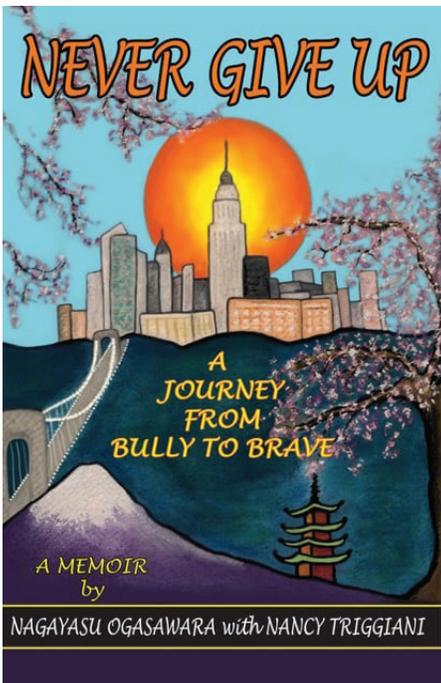
- During the summer months, all students please bring running shoes to every class. There is a park close to our dojang, and it is great training outdoors, and we also have some excellent drills. No thongs are permitted. You must wear tennis shoes.
- Only dojang t-shirt and belt are permitted in class during the summer. No other t-shirts are part of the uniform.
- Summer Camp - please see the bulletin board at the dojang for information. Sign up as soon as possible. Please do not wait until the last minute.

Message from Grandmaster Ameris

Respect is earned - not given by rank or title. If you want someone to respect you it is imperative that you respect them first. This simple act is dated back to the Bible, where it is written to treat others the way you would want to be treated. In Traditional Taekwondo it is paramount to demonstrate respect both on and off the dojang floor.

Respect your belt and know the responsibility of your rank. Be a positive example both on and off the dojang floor.

BOOK OF THE MONTH



Never Give Up: A Journey from Bully to Brave

The memoir of renowned judo sensei, Nagayasu Ogasawara, as told to Nancy Triggiani.

Outstanding book on the life of a true martial artist grandmaster Nagayasu Ogasawara

UPCOMING SUMMER EVENTS

June 26-30— AIMAA Around the World, TKD Camp.

We will be looking at the countries that AIMAA is present in. We will briefly learn about the country, we will be doing crafts related to that country, play games, have snacks, and of course do TKD. Each child will get a passport for the week and we will stamp every country we visit. It will be fun learning about our fellow TKD families. We hope to maybe get some pen pals out of this.

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